

## Entertainment for Your Enjoyment

Special entertainment is held on Tuesdays at 3:00 p.m. in the Activities Room.

## Religious Services

*We offer a variety of church and religious services.*

**Catholic Mass:** Fridays at 10:30 a.m. in the Activities Room.

**Rosary:** Mondays at 3:45 p.m. in the Activities Room.

**Episcopal Services:** second and fourth Tuesday of each month at 10 a.m. in the Activities Room.

**Jewish Services:** available upon request.

**Spiritual Music:** Sundays at 10 a.m. in the Activities Room.

**Bible Times & Songs:** fourth Wednesday of each month at 10:30 a.m. in the Activities Room.

**Hobe Sound Bible College Service:** third Sunday of each month at 2 p.m. in the Dining Room.

**Grace Immanuel Church Service:** fourth Sunday of each month at 3 p.m. in the Dining Room.

## Support Groups

**Stroke Support Group:** for stroke survivors and their families, is hosted the first Wednesday of every month from 6 p.m. to 8 p.m. For more information, please call extension 3789.

**Alzheimer's Support Group:** for caregivers, meets the first Wednesday of each month, from 2:30 p.m. to 3:30 p.m. For more information, please call extension 3784.

## Administrative Team

Betsy Heartfield, PT, NHA – *VP Long Term Care and Rehab Services, Administrator*  
Christine Bennett – *Marketing Manager*  
Jim Dwyer – *Director of Plant Operations*  
Lynda Harivel, RN – *Resident Care Coordinator*  
Mary Hodge – *Director of Activities*  
Jackie Igneri, LPN – *Risk Manager*  
Jeannette Kornegay – *Director of Social Services*  
Stacey Justine – *Clinic Administrator, Outpatient Rehab*  
Margaret Lawrence – *Director of Business Services*  
Linda Nelson, RN – *Director of Nursing*  
Sandy Norcross, RNC – *Assistant Director of Nursing*  
Karen Smith, DTR, CDM – *Director of Diet & Nutrition Services*  
Rosa Trainer, MS, CCC-SLP – *Director of Rehab Services*  
Norberto Vazquez, M.D. – *Medical Director*  
Linda Zaph, RN – *MDS/Care Plan Coordinator*

## New Foot Drop System Helps Raise Patients' Spirits at JMC

Thanks to the philanthropic efforts of the Jupiter Medical Center Foundation, our rehabilitation patients will now have access to a new, sophisticated yet user-friendly functional electrical stimulation treatment for rehabilitation of foot drop –The NESS L300™ Wireless FES Foot Drop System. This system will help patients recovering from stroke, traumatic brain injury, multiple sclerosis, cerebral palsy and other conditions to achieve more mobility, independence, function and freedom.



## Business Office Hours:

Monday – Friday 8 a.m. to 4:30 p.m.

## Resident Council Officers:

*President:* Millie Rutter  
*Vice President:* Kathy Noakes

## Resident Council Meeting:

Meets the third Monday, every other month, at 2:30 p.m. in the Activities Room.

## Food Committee Meeting:

Meets the third Monday, every other month, at 3:30 p.m. in the Activities Room.

## Family Council & Support Meeting:

Meets regularly; watch for topic announcements in the mail and postings in the lobby.

# Pavilion News

THE PAVILION  
AT JUPITER MEDICAL CENTER  
Specializing in Rehabilitation, Skilled Nursing  
and Long-Term Care

A Publication Of The Pavilion At Jupiter Medical Center

Vol. 9 Issue 1 2010

## National Nursing Care Initiative Is Implemented

*Jupiter Medical Center and The Pavilion Join Forces to Improve Care for Seniors*

Recently, Jupiter Medical Center (JMC) became the first approved site in Palm Beach County and the Treasure Coast to launch the Nurses Improving Care for Healthsystem Elders (NICHE) program.

### What is NICHE?

In 1994, the John A. Hartford Foundation Institute for Geriatric Nursing, based at New York University, launched the NICHE program to help hospitals improve their methods of caring for older adults. NICHE is now being implemented in more than 270 hospitals nationwide.

### How will the NICHE program benefit our patients?

By joining NICHE, relevant staff members are expected to significantly advance their understanding of the needs of older patients and implement new protocols to prevent health care problems which typically beset the elderly population in hospitals and skilled nursing facilities. Overall, NICHE aims to make the physical and social environment friendlier and safer for the older adult patient.

### What is the status of The Pavilion's NICHE efforts?

"We immediately began collecting and monitoring data to track our improvements," said Rosa Trainer, M.S. CCC-SLP, Director of Rehabilitation at The Pavilion. "Also, more than 90% of our nursing staff participated in a Geriatric Institutional Assessment Profile survey to assess their perceptions of their current skills and knowledge. This will help us target the initiatives needed and measure the effectiveness of our staff training." Additionally, to date, 15 RNs, LPNs, and CNAs received extensive training to become Geriatric Resource nurses and/or Geriatric Resource Assistants.



Also, two initiatives are underway as follows:

- **Increase the variety of daily exercise programs available for our long term residents** – The Pavilion is proud to announce the opening of an independent long term care resident exercise area on the second floor. Similar to a gym membership, residents will be able to exercise throughout

the day, every day. Interested residents will be shown individualized stretching and strengthening exercises which will be logged for personal tracking and motivational purposes. In addition to gaining the benefits of daily exercise, participating residents may also win prizes.

- **Increase individualized sensory interactions between our staff and long term residents** – A special education program focused on dementia and sensation was recently conducted to help staff understand how to better meet patients' sensory needs. Dementia patients sometimes suffer from sensory overload as a result of their difficulty processing the meaning behind the endless interactions and noises they hear throughout the day. The staff's calming one on one presence with a smile, a hand hold, or even an aromatic hand massage can make a world of difference.

In summary, The Pavilion is on the cutting edge of skilled nursing facilities in the country to be participating in a hospital-based geriatric care initiative with the ultimate goal of providing the best possible care for our patients. This process is one of continuous growth and education for our staff, and one in which we couldn't be more proud to be participants.

## Pavilion Update

### A Momentous Celebration!



Bernadette and William Curley were honored for donating his beautifully painted and framed water color paintings which are now displayed in the new dining room

Board members, honorees, staff, and special friends of The Pavilion recently celebrated the grand opening of the expanded Rehabilitation Gym and newly renovated dining room. Physical Therapists, Occupational Therapists and Speech-Language Pathologists hosted stations within the gym to explain the latest and greatest scoop about their disciplines and what services are available at The Pavilion. Generous donors were honored for making the expansion possible and a wonderful time was enjoyed by all.

### Dreams Can Come True

Calling all residents! Do you ever dream of something you wish you could do, or always wanted to do but you never had an opportunity? If so, you might benefit from The Pavilion's Dream Makers Program. Simply complete and submit the "Dreams Can Come True" flyer that has been distributed (or ask a member of administration for a copy if you didn't receive one) and maybe we can help you make your dream come true.

### Welcome New Residents

Sidney Feldman, Robert Kiskaddon,  
Anne Theoharous, Patricia West

# Home Sweet Home



## Residents Enjoy Valentine's Day & Springtime Activities



Eleanor Meyer and Doug Lehto are named Valentine's Day "King and Queen"



Sadie Walker shows a lot of heart!



Rosa Abolafia enjoys Grassy Waters Preserve with her caregiver, Susan



Patricia Neusch, PCA III, takes Anna Schiavo on a stroll at Grassy Waters

## Resident Spotlight - Mary Carron

Contributions by Kristine Tomilloso, Activities Department

"When Irish eyes are smiling" can well describe Pavilion resident of nearly three years – Mary Carron. She has never met a stranger that she couldn't make smile and her Irish upbringing may have played a large role in that.

Mary vividly remembers her mother celebrating their Irish roots on a daily basis. As a child, she remembers coming home to the aroma of a boiling stew, complete with meat and potatoes, and the sounds of the classic Irish Jig. "It always comforts me to listen to tales of Northern Ireland," she said.

Born in Brooklyn, New York, Mary was actively involved in the Catholic Church and the Rosary Society where she attended St. Edmond's School. At the age of 19, she married her late Irish husband, Eugene.

During the war in the 1940s, Mary landed a job at U.S.



Rubber Co. and Standard Oil Co., both located in the Rockefeller Center. Mary became the first woman to ever work for the payroll departments. "At that time, the men were being taken to fight in the war, and it was the women that were left behind," she said. At each job site, Mary had first-hand experience with the comptometer – the first successful commercial key-driven mechanical calculator.

As a full-time mother, raising seven children, she managed to find time to attend the State University of New York in Farmingdale, pursuing a degree in childhood education.

In her spare time, Mary enjoys singing, spending time with her children, watching soap operas, working on jigsaw puzzles, and taking close photographs of the on-growing Pavilion garden each season. We are so "lucky" to have Mary as a resident at The Pavilion.

## Pavilion Update



### A Message from the Administrator

We have definitely hit the ground running so far this year with lots of exciting changes coming to fruition. Our rehabilitation gym successfully expanded, and the patients and therapists have been thrilled with the additional space. Our residents are now back to enjoying their dining room experience and camaraderie, with the added benefit of being able to dine outside when the weather permits. We are also making great strides in creating a first floor that is primarily for short term rehabilitation patients and a second floor environment that is primarily geared towards our long term residents – an effort that will greatly benefit patients and staff alike down the road.

Along the way, our patients, residents, families and staff have been more than accommodating. We understand that sometimes change can be difficult for everyone, and we really appreciate your understanding as we continue to grow and improve our services for you and your loved ones.

As the community's not-for-profit skilled nursing facility, we have an obligation to grow and change to make sure we are meeting everyone's needs to the best of our ability. We are always interested in suggestions and ideas for improvement, so please know my door is open to you if you want to help us try and make a difference in our future. Thank you, as always, for enjoying this ride with us and for all of your support.

### In Memoriam

Roberta Currie, Lee Firth  
Elizabeth Koteff, Martha McGurn  
Isabelle Patterson, Ann Peraino  
Donato Pescitelli, Anna Pinkerton  
William Ripking, Augusta Savas  
Sarah Toubail, Lena Vedovator