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**JUPITER MEDICAL CENTER BRINGS ACUPUNCTURE TO OPERATING ROOM  
Surgeon, Acupuncturist Team to Optimize Patient's Healing**

JUPITER, Fla. – August 31, 2010 – In one of the first uses of acupuncture in a Florida hospital operating room, doctors at Jupiter Medical Center this month used the technique along with traditional anesthesia during a laparoscopic colon surgery.

Prior to the operation, Raul Arroyo, M.D., board certified, general surgeon determined the patient would benefit from an integrative approach combining conventional medicine with acupuncture, nutrition counseling and other complementary modalities. Dr. Arroyo referred the patient to Dr. Ken Grey, A.P., D.O.M., Jupiter Medical Center acupuncturist.

“There is a trend in medicine to talk about the benefits of combining Eastern and Western Medicine,” said Dr. Arroyo. “Jupiter Medical Center is actually taking this approach and actively incorporating it into traditional medical care.”

Dr. Grey, who is a licensed Acupuncture Physician and Doctor of Oriental Medicine, began working with the patient before the surgery. He consulted on diet and provided counseling to address the patient's physical and emotional concerns. The holistic approach, tailored to the patient's medical history, included acupuncture for reducing stress prior to surgery.

Developed thousands of years ago in China, acupuncture is the therapeutic practice of inserting fine needles into the skin to stimulate anatomic points in the body. During the surgery, Dr. Grey treated the patient with acupuncture to minimize any negative reaction to the traditional anesthesia used and to help control blood pressure. Post-surgery, he continued the patient's acupuncture to reduce the amount of pain medication needed during recovery and to promote rapid healing.

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“Dr. Grey understands the needs of patients undergoing surgery, and he’s exceptionally skilled at integrating the holistic approach to our traditional mode of care. Anything we can do to reduce the amount of medication a patient receives greatly benefits the recovery,” said Dr. Arroyo. “Acupuncture has the added benefit of directing the body’s energy to areas affected by surgery.”

While Dr. Grey said the procedure was one of Florida’s first uses of acupuncture during surgery, he has teamed with several Jupiter Medical Center physicians to help patients in the hospital’s intensive care unit and postoperative care unit lower blood pressure, improve breathing and circulation, reduce anxiety and edema and treat post-stroke semi-paralysis.

“Medicine is at pivot point, where integration of the best, proven western and eastern approaches will help improve the healing and disease prevention capabilities of physicians who are willing to work together in this type of patient-centered model,” said Dr. Grey. “In many cases, physicians can better treat a patient in totality by drawing from both conventional medicine and global holistic medicine.”

### **About Jupiter Medical Center**

A not-for-profit 283-bed community Medical Center consisting of 163 private acute care hospital beds and 120 long-term care beds, Jupiter Medical Center provides a broad range of services with specialty concentrations in orthopaedics, long-term care, minimally invasive vascular procedures, cancer care and advanced diagnostics. Founded in 1979, Jupiter Medical Center is affiliated with the University of Miami Miller School of Medicine, and is currently in the midst of a major, multi-year growth plan which includes an Outpatient Center, additional ICU beds and a Heart & Vascular Center. The Medical Center has approximately 1,500 employees, 490 physicians and 700 volunteers.

For more information about the services available at Jupiter Medical Center, please call (561) 747-2234 or visit [www.jupitermed.com](http://www.jupitermed.com).

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Acupuncture Physician Dr. Ken Grey places an acupuncture needle on a patient during surgery. Dr. Grey performed acupuncture on the patient prior to surgery, during surgery, and as part of the patient's recovery during his hospital stay.