

## Entertainment for Your Enjoyment

Special entertainment is held on Tuesdays at 3:00 p.m. in the Dining Room.

## Religious Services

We offer a variety of church and religious services.

**Catholic Communion Service:** Fridays at 10:30 a.m. in the Activities Room.

**Rosary:** Mondays at 3:45 p.m. in the Activities Room.

**Episcopal Services:** second and fourth Tuesday of each month at 10 a.m. in the Activities Room.

**Jewish Services:** available upon request.

**Spiritual Music:** Sundays at 10 a.m. in the Dining Room.

**Bible Times & Songs:** fourth Wednesday of each month at 10:30 a.m. in the Activities Room.

**Hobe Sound Bible College Service:** third Sunday of each month at 2 p.m. in the Dining Room.

**Grace Immanuel Church Service:** fourth Sunday of each month at 3 p.m. in the Dining Room.

## Support Groups

**Stroke Support Group** for stroke survivors and their families, is hosted the first Wednesday of every month from 6 p.m. to 8 p.m. For more information, please call extension 3789.

**Alzheimer's Support Group** for caregivers, meets the first Wednesday of each month, from 2:30 p.m. to 3:30 p.m. For more information, please call extension 3784.

## Rehabilitation Available... For Your Convenience!

For your convenience, The Pavilion offers physical, occupational and speech therapy services at local satellite clinics. For more information regarding The Pavilion's Outpatient Rehabilitation Program, please call Stacey Justine, Clinic Administrator, Outpatient Rehab at (561) 262-5485.



## Administrative Team

Betsy Heartfield, PT, NHA - *VP Long Term Care and Rehab Services, Administrator*

Christine Bennett - *Marketing Manager*

Jim Dwyer - *Director of Plant Operations*

Lynda Harivel, RN - *Resident Care Coordinator*

Mary Hodge - *Director of Activities*

Jackie Igneri, LPN - *Risk Manager*

Jeannette Kornegay - *Director of Social Services*

Stacey Justine - *Clinic Administrator, Outpatient Rehab*

Margaret Lawrence - *Director of Business Services*

Jennifer Muratore, RN, MSN - *MDS/Care Plan Coordinator*

Linda Nelson, RN - *Director of Nursing*

Sandy Norcross, RNC - *Assistant Director of Nursing*

Karen Smith, DTR, CDM - *Director of Diet & Nutrition Services*

Rosa Trainer, MS, CCC-SLP - *Director of Rehab Services*

Norberto Vazquez, M.D. - *Medical Director*

## Business Office Hours:

Monday – Friday 8 a.m. to 4:30 p.m.

## Resident Council Officers:

*President:* Millie Rutter

*Vice President:* Kathy Noakes

## Resident Council Meeting:

Meets the third Monday, every other month, at 2:30 p.m. in the Activities Room.

## Family Council & Support Meeting:

Meets regularly; watch for topic announcements in the mail and postings in the lobby.

## PHYSICIAN SPOTLIGHT

### Norberto Vazquez, M.D.

*Board Certified Internal Medicine and Hospice/Palliative Care  
Medical Director of The Pavilion at Jupiter Medical Center*

Growing up in Rochester, New York as 1 of 13 children (number 11!) in a Puerto Rican family, Norberto Vazquez is no stranger to understanding and caring for people of all ages and personalities. Combine that with his love of science and it quickly becomes apparent as to why he decided to become a physician.

A graduate of the University of Rochester with a B.S. degree in Neuroscience, Dr. Vazquez

earned his medical degree and completed his internal medicine residency at the University of Rochester, School of Medicine (1992). After moving to Florida 15 years ago, he took a particular interest in seniors and the unique healthcare issues they face and manage as compared to other age populations. "I find elderly patients to be so interesting and appreciative," he said. "It is very rewarding to be able to help them with their special health needs."

As a Board Certified Hospice physician, Dr. Vazquez also desires to help make the end-of-life stage for his patients and their families as comfortable and peaceful as possible. As a father of four, he never thought he would personally have to face these issues in his own life so soon when he lost his beloved 19-year-old son a little over a year ago to an extremely rare form of cancer – Ewing Sarcoma. Dr. Vazquez is pictured wearing a bracelet featuring the message "Sarcoma Knows No Borders" to support research and help increase awareness of the disease.

This tragic experience inspired Dr. Vazquez to develop a foundation in honor of his son's memory and in his son's name – The Norberto Vazquez Jr. Foundation. Having to endure the physical, emotional and financial



challenges of caring for a terminally ill child made Dr. Vazquez want to help alleviate the financial stress on families in similar situations. While he is clear in defining that the purpose of the foundation is not to contribute to cancer research, it is with the utmost conviction that he explains its mission is to help improve the quality of life for children with cancer and their families.

"Funds from my son's foundation recently helped

us purchase a laptop computer for a 19-year-old boy suffering from back sarcoma whose primary form of entertainment is on the computer," said Dr. Vazquez. "It meant so much to everyone to be able to help him find enjoyment while he is bedbound in the hospital." More information about this volunteer-only-run foundation can be found at [www.norbertovazquezjr.com](http://www.norbertovazquezjr.com).

Dr. Vazquez's enormous heart, great integrity, years of experience, skills and education, as well as his commitment to caring for seniors, make him the perfect Medical Director for The Pavilion. Since 2004, he has served in this position and is also part of a team of nursing home physicians that cares for hospice patients in several facilities throughout the area.

Although it may be difficult to find any spare time given his many responsibilities and endeavors, Dr. Vazquez enjoys playing golf, and listening to music from the 60's and 70's when he can. It is not surprising that when it comes to sports teams, he is a big fan of the New York Yankees and the Buffalo Bills. When it comes to our team at The Pavilion, we're just so happy he is a part of it. "It is very well put together at The Pavilion, with a great facility, in a great town, and with wonderful administrative leadership," he said. "I love it here."

## Pavilion Update

### Residents Energize with Exercise



Pavilion residents now have access to a dedicated exercise area on the second floor in the activities room. Basic exercise equipment and fun classes led by volunteer, Vi Laamanen, as well as Richard Simmons "Reach for Fitness" exercise videos and Wii Fit games, are available.

Residents are encouraged to exercise daily, which is beneficial to their overall health and wellness. Just ask Pavilion resident Ludmila Ulyanova (pictured above) who frequents the exercise area regularly. She especially enjoys the restorator for upper body strengthening and cardio conditioning.

To take advantage of this new program, residents can simply go to the activities room or inform the nursing station. Then they will be assigned to a therapist who will show them individualized stretching and strengthening exercises to get them started. Their visits will be logged for personal tracking and motivational purposes. In addition to gaining the benefits of daily exercise, participating residents may also enter contests and win prizes. If you need more details for yourself or your loved one, please contact Dianne Sipula, OTR/L, at extension 3789 today.

### Welcome New Residents

Rita Kasprzyk, Mary Kirby  
Eva Stefaniak, Margaret Stilley

# Home Sweet Home



Residents Marjorie Allen, Sadie Walker and Margaret Miezjewski get ready to enjoy a ballet recital at the Jupiter Senior Center



Residents and their families cruise the intracoastal waterway



Marjorie Allen celebrates her 83rd birthday with her family and Pavilion friends

## Resident Spotlight - Alice Rizzo

Contributions by Chuck Milhauser, Jupiter Medical Center Auxiliary

Alice Rizzo is more than a resident who lives at The Pavilion – she is a legend in the history of Jupiter Medical Center as the Founder and Charter Member of its Auxiliary.

When the hospital opened on February 14, 1979, Alice assumed her role as Auxiliary President in the same month. She then faced the daunting task of training and assigning volunteers to the newly created stations. During her term in office, the Auxiliary made its first financial pledge to the hospital: \$108,000 for the purchase of ultrasound equipment. In September 1980, Alice was named Citizen of the Month by the Jupiter-Tequesta Chamber of Commerce for her work in organizing the Auxiliary.

Following her presidency, Alice volunteered wherever there was a need and served again as vice president in 1986. She is probably best known for her long service in Motor Aid as a driver and especially as dispatcher. Until she retired from active volunteering in 1997, Alice contributed almost 9,000 hours of service.



In 1993, the Auxiliary's Board of Directors honored Alice by establishing *The Alice V. Rizzo Award* to honor an outstanding Auxilian. Each year, the Executive Board of the Auxiliary selects a recipient based on careful evaluation of several nominees. Guidelines for selection include service over a period of years, dedication, and significant contributions to the Auxiliary and the Medical Center. The "Rizzo" is presented annually at the Auxiliary's Awards and Recognition Luncheon. As an additional tribute, the Auxiliary presented Alice with its first Rizzo Award. Alice is pictured (on the right) with this year's Rizzo Award winner.

Alice is known for her kind heart, fun-loving disposition, and love of animals (especially cats). She continues to show her "volunteer" spirit throughout The Pavilion as she regularly visits other residents with her bright smile. We're so fortunate to have Alice as a member of our Pavilion family.

## Pavilion Update



### A Message from the Administrator

Time is flying by with more than half the year behind us, but we are certainly excited about all the future has in store

for The Pavilion. With a new CEO, John Couris, at the helm of Jupiter Medical Center, our sights are set on further improving and enhancing our services. Mr. Couris has an impressive background with 17 years of healthcare leadership experience. He is bright, energetic and shows great vision. Jupiter Medical Center is fortunate to have him on board and we look forward to the direction in which he will be taking us.

Also, we are proud to announce that, in conjunction with the Hospital, we are embarking on a new initiative – Relationship Based Care. This program is based on a nationwide philosophy and structure that formalizes a healthcare organization's efforts to put patients at the center of all we do. It's a model designed to transform the way healthcare is delivered. Relationship Based Care is achieved through collaborative relationships that take place in a caring, competent and healing environment organized around the needs and priorities of our patients and their families. Our staff is being educated and committees are being formed to target efforts specifically for The Pavilion. We look forward to updating you with more details about this endeavor in future issues.

In the meantime, we hope you've been enjoying a wonderful summer. Thank you for your support of The Pavilion – the area's only not-for-profit, hospital-based sub acute rehabilitation and long term care facility.

### In Memoriam

Marjorie Akel, Sharlene Clark,  
Joseph DiPersio, Sidney Feldman,  
Lydia Marino, Thomas Torricelli