

Entertainment for Your Enjoyment

Special entertainment is held on Tuesdays at 3:00 p.m. in the Activities Room.

Religious Services

We offer a variety of church and religious services.

Catholic Mass: Fridays at 10:30 a.m. in the Activities Room.

Rosary: Mondays at 3:45 p.m. in the Activities Room.

Episcopal Services: second and fourth Tuesday of each month at 10 a.m. in the Activities Room.

Jewish Services: available upon request.

Spiritual Music: Sundays at 10 a.m. in the Activities Room.

Bible Times & Songs: fourth Wednesday of each month at 10:30 a.m. in the Activities Room.

Hobe Sound Bible College Service: third Sunday of each month at 2 p.m. in the Activities Room.

Grace Immanuel Church Service: fourth Sunday of each month at 3 p.m. in the Activities Room.

Support Groups

Stroke Support Group: for stroke survivors and their families, is hosted the first Wednesday of every month from 6 p.m. to 8 p.m. For more information, please call extension 3789.

Alzheimer's Support Group: for caregivers, meets the first Wednesday of each month, from 2:30 p.m. to 3:30 p.m. For more information, please call extension 3784.

Rehabilitation Available... For Your Convenience!

For your convenience, The Pavilion offers physical, occupational and speech therapy services at local satellite clinics. For more information regarding The Pavilion's Outpatient Rehabilitation Program, please call Stacey Justine, Clinic Administrator, Outpatient Rehab at (561) 262-5485.



Administrative Team

Betsy Heartfield, PT, NHA – VP Long Term Care and Rehab Services, Administrator

Christine Bennett - Director of Admissions

Jim Dwyer - Director of Plant Operations

Lynda Harivel, RN - Resident Care Coordinator

Mary Hodge - Director of Activities

Jackie Igneri, LPN - Risk Manager

Jeannette Kornegay - Director of Social Services

Stacey Justine - Clinic Administrator, Outpatient Rehab

Margaret Lawrence - Director of Business Services

Linda Nelson, RN - Director of Nursing

Sandy Norcross, RNC - Assistant Director of Nursing

Karen Smith, DTR, CDM - Director of Diet & Nutrition Services

Rosa Trainer, MS, CCC-SLP - Director of Rehab Services

Norberto Vazquez, M.D. - Medical Director

Linda Zaph, RN - MDS/Care Plan Coordinator

Business Office Hours:

Monday – Friday 8 a.m. to 4:30 p.m.

Resident Council Officers:

President: Millie Rutter

Vice President: Kathy Noakes

Resident Council Meeting:

Meets the third Monday, every other month, at 2:30 p.m. in the Activities Room.

Food Committee Meeting:

Meets the third Monday, every other month, at 3:30 p.m. in the Activities Room.

Family Council & Support Meeting:

Meets regularly; watch for topic announcements in the mail and postings in the lobby.

Pavilion Success!

New Rehab Gym Now Open



With more than 20 staff members, additional space and resources, the Rehabilitation Department continues to grow strong

The Pavilion is proud to announce the grand opening of its expanded rehab gym which began accommodating new patients effective November 9th. Some of the highlights of the new gym which has more than doubled in size include:

- More equipment
 - A second Nu-Step® recumbent cross trainer
 - A treadmill to be used with the Lite Gait, gait trainer, which is particularly beneficial for patients that require extensive assistance to stand and walk again
 - A second arm bike
 - A recumbent bike
 - A second Occupational Therapy table for standing and balance activities
- A designated Occupational Therapy area – a kitchenette, bathroom and laundry room are additional tools for Occupational Therapists to utilize to help patients become independent with their Activities of Daily Living (ADL) such as basic cooking, showering, bathing, toileting and laundry.

- A designated Speech Therapy room – this room, located inside the gym, provides a private, quiet location for individual therapy sessions or small group treatment sessions.

- In general, the new gym boasts a more efficient lay out that includes a cardio area, an upper body area, a standing area, a balance area, an ADL area and teaching area.

What does all of this mean for rehab patients?

With quicker and more convenient access to treatments, a picture window view of the pretty outdoor garden, and better acoustics, we believe our patients will enjoy a more pleasurable treatment experience and healing environment overall which is important to ensuring positive outcomes.

Dining Room Enhancements in the Works

The new dining room is on pace to open in early 2010. We will keep you posted and look forward to announcing its grand opening in the near future.

Cook's Corner

A tasty recipe for you to enjoy, compliments of The Pavilion's Diet & Nutrition department.

Cranberry Brie Appetizer Bites

Ingredients:

- ¾ cup whole berry cranberry sauce
- 1 teaspoon of lemon juice
- ½ teaspoon of finely shredded lemon peel
- 24 wonton wrappers (3 ¼ inch x 3 ¼ inch)
- 1 brie round (8 ounces)

Instructions:

- Pre-heat oven to 350°F
- Spray 24 miniature muffin cups with nonstick cooking spray
- Press wonton wrapper gently into each cup, allowing ends to extend above the cup
- Spray edges of wonton wrapper with non stick cooking spray
- Bake for 12-14 minutes or until bottoms of cups are starting to brown, then remove from the oven
- Place ¾ cup of cranberry sauce in a 1 ½ quart saucepan
- Cook over medium heat, stirring occasionally, until hot
- Remove from heat, and stir in lemon juice and lemon peel
- Remove rind from the brie
- Cut the brie into 24 cubes about ¾ inches each
- Place 1 brie cube in each cup
- Put a sheet of aluminum foil over the pan to prevent over-browning or burning
- Return the pan to the oven and bake for 3 to 5 more minutes, or until brie is soft
- Remove from the oven and top each with 1 teaspoon of the cranberry mixture

In Memoriam

Jean Capelli, Margaret Davidson, Betty Davis, Minnie Green, Robert Ljunggren and Shirley McNeely

Home Sweet Home



Alice Rizzo



Residents Trick or Treat!



Rose Marie Barndt



Mary Carron



Jessie Stanton with Bella, Activities Department

Resident Spotlight - Irene Lesino

Contributions by Kristine Tomilloso, Activities Department

From Christmas trees to candy, Irene Lesino, a resident at The Pavilion since 2007, has been sharing her kind spirit and sweetness with others throughout her life. It all began when she and her late husband, Julius, decided to cultivate Douglas Firs, Blue Spruces, and homemade wreaths on their 30-acre farm near Hopatcong Lake, New Jersey. "I had all this land and just did not know what to do with it," she said, "It was a perfect idea."

Eight years later, they decided to move to sunny South Florida where Irene was hired as a bookkeeper at the Parker Company in Palm Beach, working there for several years until retiring. Then one day, her husband suggested they open a candy shop. Irene agreed and Renee's Candy Shop opened in Tequesta in 1970.



Renee's became so popular they had to prepare 5,000 pounds of candy during 'season' – between October and April. Even Perry Como and The White House enjoyed ordering candy.

"We had everything from chocolate covered fruit to home-made peanut brittle and chocolate items," Lesino said. For ten years, local children soon found the perfect place to get dessert after a long day of school. "The ting-a-ling candies were always a hit," she said.

Still kind and sweet, she currently enjoys playing bingo, talking about animals and reminiscing about past fishing adventures. With her pleasant smile and that twinkle in her eye, it is such a joy to have Irene as a resident at The Pavilion.



A Message from the Administrator

At The Pavilion, we are thankful for many things – for our patients and their families, for our dedicated staff and for the generous, supportive members of our community. It is because of all of you that we continue to achieve our goals and succeed in our mission to provide excellent care.

In 2009, we introduced a comprehensive stroke rehabilitation program as well as a stroke support group. Additionally, our therapists were key in helping the Ella Milbank Foshay Cancer Center launch a cancer rehabilitation program. We also opened a new outpatient clinic at Jonathan's Landing and earned our eighth consecutive five-star rating from the state. Most recently, we have made great strides in completing our rehabilitation gym expansion and dining room enhancement construction projects, with final completion in sight.

In the New Year, we look forward to further enriching our services as we continue to strive to provide excellent service to our long term care residents and rehabilitation patients. Thank you, as always, for making The Pavilion a wonderful place to live, work and reach for the stars.

Dreams Can Come True

Calling all residents! Do you ever dream of something you wish you could do, or always wanted to do but you never had an opportunity? If so, you might benefit from The Pavilion's Dream Makers Program. Simply complete and submit the "Dreams Can Come True" flyer that has been distributed (or ask a member of administration for a copy if you didn't receive one) and maybe we can help you make your dream come true.

Welcome New Residents

Gloria Dolack, Alsacia Gomez, Rita Kasprzyk, Doug Lehto, Ann Peraino, William Ripking and Anna Schiavo