



Caregiver Support Group

This group meets virtually.

Join us on-line every Wednesday.
Noon-1:30 p.m.

To register or for the link to join, please
call our 24/7 Helpline at 800.272.3900.

Visit alzfla.org/programs to learn more
about caregiver programs and resources.

To further extend your network of
support, visit ALZ connected®, our online
community, at alzconnected.org

Build a support system with people who understand.

Alzheimer's Association® support
groups, conducted by trained
facilitators, are a safe place for
people living with dementia and
their care partners to:

- Develop a support system.
- Exchange practical information
on challenges and possible
solutions.
- Talk through issues and ways of
coping.
- Share feelings, needs and
concerns.
- Learn about community
resources.