

# Massage Therapy for Cancer Patients

The Anderson Family Cancer Institute offers one complimentary massage therapy each month to our patients. Massage is tailored to each patient according to their needs.

## Services offered

**Medical Massage** – Medical massage offers significant benefits for cancer patients by easing treatment side effects like pain, fatigue, anxiety, and nausea, improving sleep, boosting immune function (natural killer cells/lymphocytes), managing lymphedema, and enhancing overall quality of life through relaxation and emotional balance.



**Craniosacral Therapy** – Craniosacral Therapy is a light touch manual therapy that releases tension deep into the body's connective tissue known as Fascia. This therapy naturally reduces pain and stress, strengthens resistance to disease, improving whole body's health performance and bolstering the immune system.

**Visceral Manipulation** – Visceral manipulation is a gentle, hands-on manual therapy technique that uses the therapist's hands to evaluate and treat the internal organs, connective tissues, and other structures to release restrictions and improve function. Visceral manipulation can help relieve pain and improve overall health and function, both internally and externally.

## Meet our Massage Therapist

**Marilia Giordano, Massage Therapist** (License #MA96758)



My interest in bodywork began working as an Aquatic Therapist and Watsu Practitioner in a Physical Therapy Rehab Clinic in 1994. During that time, I really fell in love with the concept of helping patients restore function not only physically but emotionally. I then pursued a career as a Physical Therapy Assistant. During those years I was introduced to Craniosacral Therapy. I was drawn to learn a new concept and help patients at a deeper level which lead to me to become a licensed Massage Therapist. I practice at Jupiter Medical Center at the Cary Grossman Health & Wellness Center, Upledger Institute, and I'm excited to also practice at The Anderson Family Cancer Institute.

I have cared for adult, children, and infants with muscular dystrophy, neuromuscular diseases, cancer, stroke, fibromyalgia, Alzheimer's, MS, dementia, Parkinson's and those with preoperative and postoperative dysfunctions. At The Anderson Family Cancer Institute I focus on caring for oncology patients undergoing treatment and am privileged to be part of The Anderson Family Cancer Institute and be invited by patients to help them in their journey.

**To schedule please speak with the front desk team or call 561-263-4400, any of the departments can assist with scheduling. A physician order is not required.**

 **JUPITER MEDICAL CENTER**  
**The Anderson Family Cancer Institute**

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