

## X-Ray Patient Preparation Information

### ***X-ray Preparation:***

Most X-ray procedures require no preparation. In the case of a barium study (for the GI tract) or an IVP (for the kidneys), preparation is usually required. \*\* You will be informed of this at the time of scheduling. When scheduling your exam, it is important for you to communicate if you have any known allergies; some of the contrast agents could cause an allergic reaction if you have not been pre-medicated for the procedure. If you are a female in the childbearing years, you should be sure there is no chance of pregnancy before having X-rays.

<b>** RADIOLOGY EXAM PREPS</b>		
<b>NPO (Nothing by Mouth) 2 Hours Prior to Exam</b>	<b>NPO After Midnight Prior to Exam</b>	<b>Fleet Prep Kit (Can be picked up in Radiology the day before the exam)</b>
Rehab/Video Swallow Study	Upper GI Series	IVP (Intravenous Pyelogram)
Esophagram	Myelogram	Small Bowel Series
	Lumbar Puncture	Barium Enema

**For more information or questions, call (561) 263-4411.**

### ***X-ray Exam Day:***

- Please arrive 15 minutes early to complete the registration process.
- Depending on the type of exam you are having, the technologist may ask you to change into a gown, especially if there are any metal objects (ie: zippers, buttons, jewelry, etc.) near the area of interest.
- The technologist will explain the exam to you and give you specific instructions pertaining to the type of exam you are having.
- It is very important to hold still for your X-rays, just like for a photograph!
- The length of procedures varies greatly. A simple chest X-ray can take as little as 5 minutes, while some other exams can take a few hours.
- Once the technologist checks the images for quality, you will be released.
- The images are interpreted or “read” by a radiologist. The results will be forwarded to your physician who will explain them to you.

**Please note: Prior to your exam, please print out the CT & X-ray Risk Assessment Form and the Medication Reconciliation Report and bring both completed forms with you to your appointment.**